



Ronald McDonald
House Charities®
Madison

Care Mobile High Five Backpacks

*Given to children upon completion of their check-up at the
RMHC Care Mobile.*

Item Ideas:

- Coloring books and crayons (elementary)
- Activity books and colored pencils (middle)
- Playing cards
- Stickers
- Granola bars
- Fruit snacks
- Trail mix
- Lip Balm
- Sunglasses
- Mini puzzle or fidget toy
- Fun socks
- Fun band-aids
- Hand sanitizer



Instructions:

1. Gather Materials

- a. We request you plan to make at least 10 bags.
- b. Pick an assortment of items from the list above to purchase (if you want to be creative, please email Sophia at smelgar@rmhcmadison.org to make sure the items are helpful for the families).
- c. Please do not purchase perishable items to include in bags.
- d. Items will need to be put in a bag that you provide. It could be a colorful gift bag or even a plastic zipper bag.

2. Stuff the Bags

- a. Gather friends, family, coworkers, or peers for a meaningful time of putting together Care Mobile High Five Bags.
- b. If you'd like to learn more about RMHC-Madison while doing this, please email Sophia to request a presentation be sent to you.

3. Deliver to the House!

- a. We are located at 2716 Marshall Ct. Madison, WI for you to either hand-deliver or ship your bags. From there, we will deliver the bags to the Care Mobile in Rockford, IL.
- b. If you hand-deliver, please arrive between 9:00am and 8:00pm any day of the week.