



Family Room Care Bags

Given to parents upon check-in to the family room for their time at the hospital.

Required Items:

- Portable, healthy snacks
- Toothbrush
- Toothpaste
- Facewash
- Lotion
- Lip balm

Non-Required Items

- Cozy socks
- Dry shampoo
- Face/makeup wipes
- Relaxing essential oil rollers
- "Mom", "Mama" keychain/bracelet



Ronald McDonald
House Charities®
Madison

Instructions:

1. Gather Materials

- a. We request you plan to make at least 20 bags.
- b. Pick an assortment of items from the list above to purchase (if you want to be creative, please email Sophia at smelgar@rmhcmadison.org to make sure the items are helpful for the families).
- c. Please do not purchase perishable items to include in bags.
- d. Items will need to be put in a bag that you provide. It could be a colorful gift bag or even a plastic zipper bag.

2. Stuff the Bags

- a. Gather friends, family, coworkers, or peers for a meaningful time of putting together Family Room Care bags.
- b. If you'd like to learn more about RMHC-Madison while doing this, please email Sophia to request a presentation be sent to you.

3. Deliver to the House!

- a. We are located at 2716 Marshall Ct. Madison, WI for you to either hand-deliver or ship your bags.
- b. If you hand-deliver, please arrive between 9:00am and 8:00pm any day of the week.