



Ronald McDonald
House Charities®
Madison

Care Mobile High Five Backpacks

*Given to children upon completion of their check-up at the
RMHC Care Mobile.*

Item Ideas:

- Coloring books and crayons (elementary)
- Activity books and colored pencils (middle)
- Playing cards
- Stickers
- Granola bars
- Fruit snacks
- Trail mix
- Lip Balm
- Sunglasses
- Mini puzzle or fidget toy
- Fun socks
- Fun band-aids
- Hand sanitizer



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Instructions:

1. Gather Materials
 - a. We request you plan to make at least 10 bags.
 - b. Pick an assortment of items from the list above to purchase (if you want to be creative, please email info@rmhcmadison.org to make sure the items are helpful for the families).
 - c. Please do not purchase perishable items to include in bags.
 - d. Items will need to be put in a bag that you provide. It could be a colorful gift bag or even a plastic zipper bag.
2. Stuff the Bags
 - a. Gather friends, family, coworkers, or peers for a meaningful time of putting together Care Mobile High Five Bags.
 - b. If you'd like to learn more about RMHC-Madison while doing this, please email info@rmhcmadison.org to request a presentation be sent to you.
3. Deliver to the House!
 - a. We are located at 2716 Marshall Ct. Madison, WI for you to either hand-deliver or ship your bags. From there, we will deliver the bags to the Care Mobile in Rockford, IL.
 - b. If you hand-deliver, please arrive between 9:00am and 8:00pm any day of the week.